

Top Ten Tips for accessible/dyslexia friendly music teaching

1. Be imaginative and patient. **One size doesn't fit all:** everyone is different. **How** do you / does your student learn best?
2. The **student** should choose what works including reminders (such as tracking from one end of the stave to the next). **Don't impose ideas.**
3. Use **colour** (of the student's choice) for highlighting etc.
4. All activities should be very **structured:** chunk information; build it up.
5. Use **multi-sensory** approaches: hear; see; feel; read; write; hands on...
6. Consider whether **visual difficulties** (visual stress) could be a problem; try copying on to tinted paper (of the student's choice).
7. Use **over-learning**/revision/embedding: recap – repeat – give overviews and summaries – this helps with short-term memory difficulties.
8. **Try** approaches from Kodály, Dalcroze, Suzuki, but they aren't always successful with dyslexic/dyspraxic students, so just give them a go!
9. Remember: dyslexic people can take 10 times as long to complete an activity = extra tiredness and perhaps **stress** & poor self-esteem.
10. Help with **organisation** (in imaginative ways): use mobile phones; post-its; labels; colour-coding; texts... Use written reminders (using large, sans-serif font, if possible, not handwritten).



Queries? Contact bdamusicdyslexia@gmail.com