



Talking about
Dyslexia different
minds, different tools

British
Dyslexia
Association



Dyslexia

Awareness

Week 2026

Why we are here today

Understand dyslexia



What it is and
how it can feel.

Show kindness



Support friends who
learn differently

Share ideas



Find ways classmates
and teachers can help.

What is dyslexia?

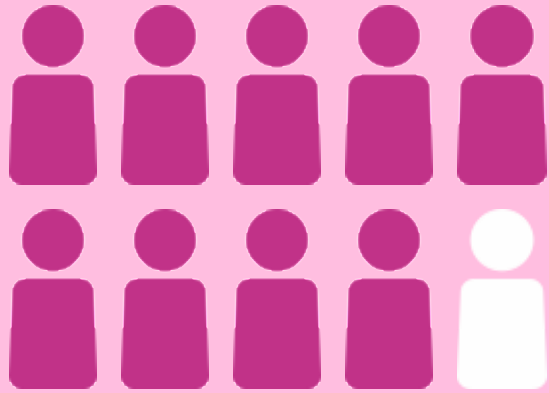
Dyslexia is a learning difference.

It can affect reading, spelling and how someone remembers, organises or processes information.



**Like fingerprints,
every individual with
dyslexia is unique!**

Lots of people have dyslexia



1 in 10 people have dyslexia



1,000,000 +
school children
have dyslexia in
the UK

That means there may be dyslexic children in many classrooms, sports teams, clubs and friendship groups.



Dyslexia can affect different things



Reading



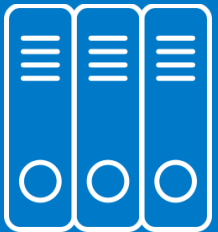
Writing

Aa

Spelling



Memory



Organising



Following
instructions



Processing
information

A person can be good at something
and still need support with part of it.

How it might feel?





Strengths can look different too

Imagining ideas

Practical thinking

Seeing the
big picture



Speaking clearly

Keeping going

Solving problems

What is a Memory Shelf?



What is a Memory Shelf?



What is a Memory Shelf?



Different minds need different tools



Using a tool is not cheating!

Tools can help someone to take part, to learn and to show what they can do.



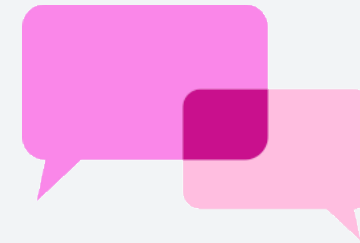
How could we help a friend?



“I’m a bit nervous about getting a phone for high-school.

I don’t like using group chats in case someone laughs at my spelling. But I don’t want to miss out on what’s going on”

Azeem



Talk on your table:
what could you do to help and support Azeem?

Activity: build your everyday toolkit

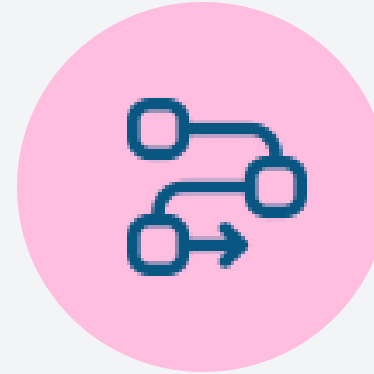
Choose tools that help you to **learn**, to **communicate**, to **organise yourself** or feel **confident**



Using
pictures



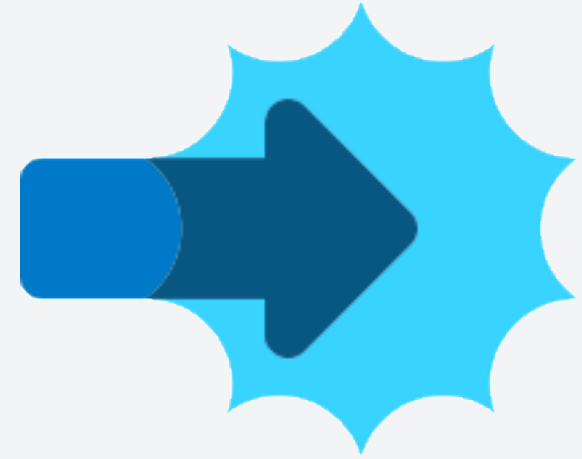
Asking for
extra time



Making tasks
bite-size

Your toolkit challenge

- 1 Choose four or more tools
- 2 Add them to your backpack
- 3 Explain why two are useful
- 4 Add one classroom change



You can draw your own, cut out cards, circle choices or work with a partner.

Share and compare

Did everyone choose the same tools?

Why might the same tool help different people in different ways?

What could make our classroom easier for more people?



There is no single right way to learn or get something done.

Quiz time: stand up or sit down



Stand up if
you think it is

TRUE



Sit down if
you think it is

FALSE

Quiz time: stand up or sit down (click question mark)

1

1 in 10 people
have dyslexia?



TRUE

Dyslexia affects
1 in 10 people.

2

Dyslexia only
means finding
reading hard.



FALSE

It can affect reading,
spelling, memory,
organisation, processing.



Quiz time: stand up or sit down

3

Dyslexic people
can be great
problem solvers?

?

TRUE

Many dyslexic
people are good
at finding different
ways to solve
problems.

4

Dyslexia means
you are not
clever.

?

FALSE

Dyslexia has nothing to
do with intelligence.

Quiz time: stand up or sit down

5

Every person with dyslexia is the same.

?

FALSE

Many dyslexic people are good at finding different ways to solve problems.

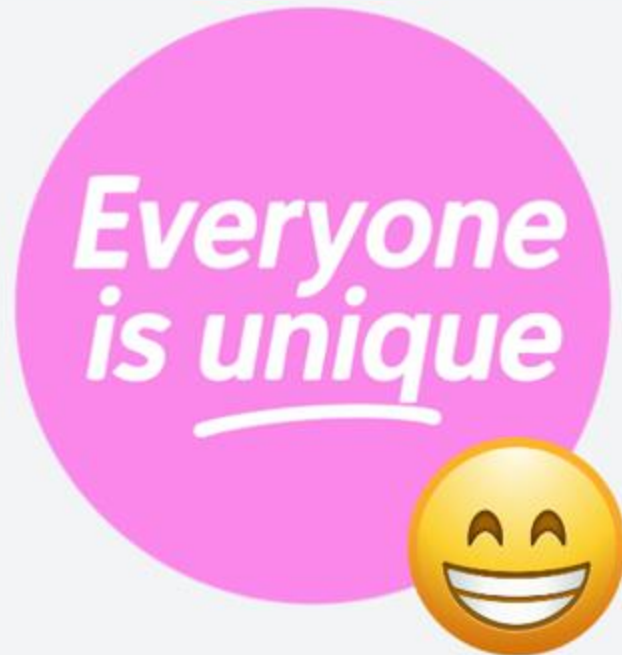
To recap

- ✓ Dyslexia is a learning difference.
- ✓ Dyslexic people are not all the same.
- ✓ Different people may need different tools, explanations or amounts of time.
- ✓ Kindness helps everyone learn.



In our class, we can
help different minds
by...

Remember





bdadyslexia.org.uk

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