

## **Primary School Dyslexia Checklist**

The checklist below gives an indication of some of the difficulties and strengths that can be associated with Dyslexia.

## **Difficulties**

|  | Not at all like | Mostly unlike | Someti<br>mes | Mostly<br>like me | Very<br>much |
|--|-----------------|---------------|---------------|-------------------|--------------|
| Eamilial bistony of Sp. D                          | me              | me            | like me       |                   | like me      |
| Familial history of SpLD                           |                 |               | <u> </u>      |                   |              |
| There is a family history of similar difficulties. |                 |               |               |                   |              |
| Word Reading                                       |                 |               |               |                   |              |
| Difficulty with phonological                       |                 |               |               |                   |              |
| awareness especially at the                        |                 |               |               |                   |              |
| phoneme level.                                     |                 |               |               |                   |              |
| Inaccurate decoding.                               |                 |               |               |                   |              |
| Fear of reading aloud.                             |                 |               |               |                   |              |
| A lack of enjoyment of reading.                    |                 |               |               |                   |              |
| May describe visual discomfort                     |                 |               |               |                   |              |
| when text reading.                                 |                 |               |               |                   |              |
| Slower at reading than other                       |                 |               |               |                   |              |
| people.  |                 |               |               |                   |              |
| Reading Comprehension                              |                 |               |               |                   |              |
| Difficulty with reading text                       |                 |               |               |                   |              |
| fluently, which has an impact on                   |                 |               |               |                   |              |
| the understanding of text.                         |                 |               |               |                   |              |
| I do not enjoy reading, and rarely                 |                 |               |               |                   |              |
| do so for pleasure.                                |                 |               |               |                   |              |
| Spelling   |                 | I             |               |                   | ı            |
| Persistent and marked difficulty                   |                 |               |               |                   |              |
| with spelling.                                     |                 |               |               |                   |              |
| Writing  |                 | T             | I             |                   | I            |
| Messy, laboured handwriting.                       |                 |               |               |                   |              |
| Difficulty copying from the board.                 |                 |               |               |                   |              |
| Takes longer than others to                        |                 |               |               |                   |              |
| complete written tasks.                            |                 |               |               |                   |              |
| Numeracy   |                 | l             |               |                   |              |
| Mixing up numerical symbols.                       |                 |               |               |                   |              |



| Writing numbers incorrectly (e.g.,   |  |  |  |  |  |  |
|--------------------------------------|--|--|--|--|--|--|
| writing a 5 the wrong way round).    |  |  |  |  |  |  |
| Difficulty with Maths vocabulary.    |  |  |  |  |  |  |
| Coordination                         |  |  |  |  |  |  |
| Can be clumsy and lack co-           |  |  |  |  |  |  |
| ordination.                          |  |  |  |  |  |  |
| Communication and Language           |  |  |  |  |  |  |
| Difficulty in finding the right word |  |  |  |  |  |  |
| to describe things.                  |  |  |  |  |  |  |
| Mispronounces words.                 |  |  |  |  |  |  |
| Difficulty with following            |  |  |  |  |  |  |
| instructions.                        |  |  |  |  |  |  |
| Need for time to produce an oral     |  |  |  |  |  |  |
| response when questioned.            |  |  |  |  |  |  |
| Memory                               |  |  |  |  |  |  |
| Difficulty in remembering            |  |  |  |  |  |  |
| sequential information, e.g.         |  |  |  |  |  |  |
| alphabet, times tables, days of      |  |  |  |  |  |  |
| week.                                |  |  |  |  |  |  |
| Poor short-term working memory.      |  |  |  |  |  |  |
| Behaviour                            |  |  |  |  |  |  |
| Low self-esteem.                     |  |  |  |  |  |  |
| Behavioural difficulties.            |  |  |  |  |  |  |
| TOTAL (add up the number of          |  |  |  |  |  |  |
| ticks in each column)                |  |  |  |  |  |  |

As a rough guide, if you have more than ten ticks in the 'mostly like me' and 'very much like me' boxes above, you may want to consider whether a diagnostic assessment for Dyslexia could be appropriate. Further information about how to arrange a diagnostic assessment through the British Dyslexia Association is available <a href="here">here</a>.

## Strengths

|                               | Not at<br>all like<br>me | Mostly<br>unlike<br>me | Sometimes<br>like me | Mostly<br>like me | Very<br>much<br>like me |
|-------------------------------|--------------------------|------------------------|----------------------|-------------------|-------------------------|
| Communication and Language    |                          |                        |                      |                   |                         |
| Sophisticated receptive       |                          |                        |                      |                   |                         |
| language.                     |                          |                        |                      |                   |                         |
| Reasoning                     |                          |                        |                      |                   |                         |
| Good visual spatial skills.   |                          |                        |                      |                   |                         |
| Knowledge and Thinking Skills |                          |                        |                      |                   |                         |



| Imaginative.                   |  |  |  |
|--------------------------------|--|--|--|
| Good critical thinking and     |  |  |  |
| problem-solving skills.        |  |  |  |
| Able to see the "big picture". |  |  |  |
| Good general knowledge.        |  |  |  |
| Curious.                       |  |  |  |
| Good understanding of texts    |  |  |  |
| that have been read to         |  |  |  |
| him/her.                       |  |  |  |